



Sanitation/Cleaning Procedures

- Members are required to clean equipment both BEFORE and AFTER use.
- Deep cleanings will be done by staff when opening and closing, in addition to constant cleaning throughout the day.
- Hand sanitizer stations will be available throughout the gym and bathrooms.
- A new air filtration system has been installed throughout the building.
- Each member will receive a disposable towel and sanitized disinfectant spray bottle upon entering the gym.
- Members will be asked to bring their own towels.

Protection Equipment/Masks

-Members will be asked to wear masks when entering and exiting if not fully vaccinated. Those who are fully vaccinated or are under the age of 2 do not have to wear a mask at all. Everyone is allowed to remove masks when actively working out.

Layout of Gym/Signage Use/Gym Capacity

- 6ft. workout boxes will be marked on turf to keep members separated.
- Showers are OPEN. Lockers are OPEN.
- Water fountains will be CLOSED. Members must bring their own water bottle or purchase one at the front desk for \$2.
- Dumbbells can ONLY be used on the turf. Areas with benches will be set up on the turf for dumbbell use.
- Signage will be set up throughout the gym and bathroom areas reminding people to maintain a 6ft distance.
- The gym is operating at 60% capacity.
- Cardio equipment will be staggered so as to maintain 6ft distance, and every other machine will not be in use.

Purchasing/Check-In of Services

-Members can still sign-in as normal with their card as it is touch-free.